

PULSE V.I.Ru.S. – Road

June 20th

All Greenbelt runs will be run from the Mile Markers on the Greenbelt. (Big round circles on the ground with distance and quadrants marked)

12 Mile

You will park at Julia Davis Park locate Mile Marker NE 0.3 near the round a bout, head East to Mile Marker NE 6.3 to turn around near East Jr. High and head back to where you started

25 Mile

(this one is a little trickier there is an out and back at the beginning)

You will Park at Julia Davis Park locate Mile Marker NE 0.3 near the round a bout, head West (toward Meridian) to Mile Marker NW 0.8 where you will turn and run East to Mile Marker NE 10.4 near Discovery Park where you will turn around and finish at Mile Marker NE 0.3 where you started