

PULSE V.I.Ru.S. – Road

June 27th

All Greenbelt runs will be run from the Mile Markers on the Greenbelt. (Big round circles on the ground with distance and quadrants marked)

15 Mile

Park at or near Discovery Park (below Lucky peak) locate Mile Marker NE 10.4 run West to Mile Marker NE 2.5 near Warm Springs Golf Course where you will turn around and run back to where you started

50k

Park at or near Discovery Park (below Lucky Peak) locate Mile Marker NE 10.4 run West to Mile Marker NW 5.2 located behind Plantation Golf Course close to the Glenwood Bridge where you will turn and run back to where you started.