

Bogus 50/50 - 50K Aid Stations

Aid Station	Aid	Distance from Start	Distance to Next Aid	Drop Bag	Crew Access
Race Start	Water		3.8 Miles	Yes	Yes
AS #1 Freestone Ridge/Three Bears (1st time)	Water	3.8 Miles	4.2 Miles	No	No
AS #2 8th Street/Motorcycle Parking	Water Tailwind Food Soda	8 Miles	7.4 Miles	Yes	Yes
AS #3 Sweet Connie at Bogus Rd	Water Tailwind Food Soda	15.4 Miles	7.4 Miles	No	No
AS #4 8th Street/Motorcycle Parking	Water Tailwind Food Soda	22.8 Miles	4.2 Miles	Yes	Yes
AS # 5 Freestone Ridge/Three Bears (2nd time)	Water Tailwind Food Soda Popsicles	27 Miles	3.8 Miles	No	No
Finish Line	Post-race food Water Beer Soda	30.8		Yes	Yes