

## Bogus 50/50 - 50K Aid Stations

| Aid Station              | Aid  | Distance from Start | Distance to Next Aid | Drop Bag | Crew Access |
|--------------------------|--|---------------------|----------------------|----------|-------------|
| Race Start               | Water  |                     | 6.5 Miles            | Yes      | Yes         |
| Femrite's Patrol         | Water<br>Tailwind<br>Food<br>Soda<br>Popsicles | 6.5 Miles           | 5 Miles              | No       | No          |
| Ridge Road               | Water<br>Tailwind<br>Food<br>Soda              | 11.5 Miles          | 6.5 Miles            | No       | No          |
| Orchard Gulch            | Water<br>Tailwind<br>Food<br>Soda              | 18 Miles            | 4 Miles              | No       | No          |
| Five Mile Gulch          | Water<br>Tailwind<br>Food<br>Soda              | 22 Miles            | 2 Miles              | No       | Yes         |
| Femrite's Patrol #2      | Water<br>Tailwind<br>Food<br>Soda<br>Popsicles | 24 Miles            | 3.5 Miles            | No       | No          |
| Freestone/Three Bears Rd | Water<br>Tailwind<br>Food<br>Soda<br>Popsicles | 27.5 Miles          | 3.7                  | No       | No          |
| Finish Line              | Post-race<br>food<br>Water<br>Soda             | 31.2                |                      | Yes      | Yes         |