

Bogus 50/50 - 50K Aid Stations

Aid Station	Aid	Distance from Start	Distance to Next Aid	Drop Bag	Crew Access
Race Start	Water		4.0		
AS#1 Freestone Ridge/Three Bears (1st Time)	Water	4.0	4.1	No	No
AS #2 8th Street/Motorcycle Parking (1st Time)	Water, Tailwind, Food, Soda	8.1	4.2	Yes	Yes
AS #3 Corrals/Hard Guy (1 st Time)	Water	12.3	3.1	No	No
AS #4 Sweet Connie at Bogus Rd	Water, Tailwind, Food, Soda	15.4	3.1	Yes	Yes
AS #5 Corrals/Hard Guy (2nd Time) Unmanned until 11:15	Water, Tailwind, Food, Soda	18.5	4.2	No	No

AS #6 8th Street/ Motorcycle Parking (2nd	Water, Tailwind, Food, Soda	22.7	4.1	Yes	Yes
AS #7 Freestone Ridge/Three Bears (2nd Time)	Water, Tailwind, Food, Soda	26.8	4.0	No	No
Finish Line	Postrace food Water, Soda	30.8			